



# Falcon Times

**The Newspaper of Goshen Elementary School**

---

**November 2012**

**Number 3**

## **P.T.A News**

\*Keep bringing in box tops and soup labels, they really add up. PLEASE trim your box tops to the dotted or perforated line surrounding the label. Don't forget Smiths Earn and Learn Program. To get started, just have them scan your fresh values card along with the Goshen School enrollment barcode. By doing this it will give our school credit on your purchases at Smiths.

\*We still have a few Goshen School Cookbooks available. They are \$5.00 each and make great Christmas gifts.

\* The PTA sponsored **Book Fair** will be held **November 5 through November 9**.

The Book Fair will be open the following days and times:

Mon – Fri, 8:30 – 9:00 am

Mon, Tues, Thurs and Fri, 12 – 1:00 pm

Wed 11-12 pm

Tues and Thurs 3:15 – 5 pm

**Please send all money in an envelope.** We want to thank Cheri Tromble for taking the Book Fair Assignment this year.

\*Reflections Winners will be announced November 20 at 9:15 am during our Turkey Gobble and Strut Assembly.

## **e-books available**

You can access e-books on Pioneer Library **free of charge**. You are able to download e-books found on the Pioneer Library site ([pioneer.utah.gov](http://pioneer.utah.gov)) by going to the Digital Collections tab and clicking on Overdrive-audio book and e-books. Adobe Digital Editions software (which is free) will need to be downloaded. Sign in under Utah Bookmobile with the number on the back of your Bookmobile card. You may call the school if you need help with this.

## **Dates To Remember**

Nov 5-9:	PTA Book Fair (Please send all money in envelope)
Nov 7:	Early Out Day 12:00
Nov 9:	Spirit Day
Nov 12:	Veteran's Day Program 9:15 am
Nov.15:	PTA Meeting 2:00
Nov 16:	Book Exchange/Spirit Day
Nov 19:	It Pays To Read Assembly 9:15 am
Nov 20:	Turkey Strut & Gobble Contest/Reflections winners 9:15 am
Nov 21-23:	Thanksgiving Break-NO SCHOOL
Nov 26:	School Community Council Meeting 3:30
Nov 30:	PTA Spirit Day

**ParentLink at Goshen Elementary:**

You will receive calls from Parent Link (an automated system) on daily attendance calls. This call will be made on the morning your child has been marked absent by their teacher. This will happen if you have not called the school before 9:30 to excuse your student. Please continue to call the school to excuse all absences or tardies. This system will also be used in the future to inform parents about important information and announcements, such as snow days. If you have any questions about this system, please contact the school. **PLEASE** make sure that your contact information is up-to-date on SIS. This is the information that will be used to make contact with you and your family. If you do not have a **current email address** listed on your contact information, please include one. We have been sending out important updated information by email to our parents. You can also check the school calendar for Goshen School on the Nebo website. This will give you information about what is happening at our school.

**Note from the School Nurse:**

Cold and flu result in more absences in school age children than almost any other illness. Most colds and flu are caused by viruses. Viral infections cannot be helped by penicillin or other antibiotics. If the child has a fever or cannot do their class work they should not be in school. See your health care provider if the cold is accompanied by the signs of a bacterial infection, such as persistent cough or a cough that produces yellow or green phlegm, high fever (100 degrees or above), pain in the ears, sinus or chest, or severe sore throat. Bacterial infections can be treated with antibiotics.

This is a list of suggestions that may be helpful for you if your child is suffering from cold or flu:

- . Get plenty of rest. If he/she is having difficulty breathing because of congestion, you can try having them sleep propped up with pillows.
- . Drink plenty of fluids (hot or cold).
- . Frequent hand washing to prevent the spread of germs. Dispose of tissues carefully.
- . Clean contaminated household objects (i.e. phones and toys) frequently. Wash dishes in hot soapy water.
- . Try to have your child keep his/her hands away from his/her face.
- . Using a vaporizer or humidifier may help with congestion.
- . Eat when hungry.
- . Parents can consider using a decongestant, pain relievers to relieve the symptoms of cold and flu as directed by your health care provider or pharmacist.

**\*\*\*During the flu season, please keep children at home if they have a fever, body aches, or a cough. They must be free from the fever and body aches for 24 hours before they can return. We realize the cough may linger longer, but should not be accompanied by the fever and body aches before they return.**



## **Read To Succeed**

*Tips for reading aloud*  
*Reading connection*



Why is reading aloud to your children the number one suggestion from reading experts across the country? It has the greatest academic benefit and builds the desire to read in only 15 or 20 minutes a day! Whether your youngsters are already reading on their own or haven't yet begun, now is the perfect time for reading aloud regularly. Here are a few tips to help you get the most out of your time together.

### **Remove distractions**

Make your reading spot as quiet as possible so your youngsters can focus on the story. Turn off the television and consider ignoring the phone to avoid interruptions.

### **Encourage participation**

Children are apt to enjoy reading more when they're invited to join in. Let them take turns choosing a book and turning the pages. If there's repetition in a story challenge them to recite the key phrases with you.

### **Keep it appropriate**

If your kids have trouble following the language or plot of a story it may be too difficult for them. Look for books that are closer to their reading levels. Tip: Ask your children's teachers for suggestions.

### **Ask Questions**

Check for understanding and help build comprehension by asking several questions about what you've read.

### **Enjoy**

Most of all enjoy the time together and rest assured your making positive memories that only cost time.

### **Reminder about Student Drop-Off Zone**

Now that the weather is changing and getting cold, we want to remind you that students must be dropped off in the unloading zones specified. Please **DO NOT** drop students off in the bus loading zone next to the building. This will help us keep the students safe while arriving at school. We appreciate your help with this matter.

### **Citizens of the Month for October** (Theme: Being Courageous)

Brikell Quinn  
Parker Provost  
Kaleb Dymock  
Ty Cox  
Rylee Baxter  
Heber Gutke

Christopher Vasquez  
Bailee Carter  
Rogelio Carreno  
Jebb Jensen  
Melody Kenison  
Aspen Bagley

Hagen Taylor  
Remington Seamons  
Maycie Sorensen  
Jacob Steele  
Chelise Tromble



### **Veteran's Day Assembly**

November 12 at 9:30 a.m. we will be having a special Veterans Day Assembly to retire an American Flag. Our boy scouts and Cub Scouts are invited to wear their scout uniforms. Parents are also invited to attend.

### **Chess Club**

Goshen School Chess Club will begin on Tuesday, November 6th. It will be held from 3:15 to 4:00 every Tuesday. All students are invited to participate. A parent permission slip must be returned to the school before they attend. The first Nebo School District Chess Tournament will be December 1st., at Art City Elementary. Details will be sent home by Mrs. Lopez for those interested.

### **Principals Corner:**

We had a great month in October! Our Student Council created and performed skits for Red Ribbon Week. They also filled 375 helium balloons for the students to release as we ended the week chanting our pledge: "One School – One goal - Bully and Drug Free!"

Thank you for attending SEP's. Your support and patience as we scheduled our SEP's was greatly appreciated. Your scheduled time will remain the same for our remaining two conferences. A special thank you to Payson High School's Latino's in Action Club for providing assistance with translation. They are a great group of young people. The PTA provided a wonderful dinner for the faculty.

As the days turn cold please encourage your students to dress warmly. Students may not stay in coat rooms during the winter season. We will have outside days unless the weather doesn't cooperate.

Remind your students to read nightly! On November 19, we will have our first "It Pays to Read" assembly. Participants are selected from the turned in reading tickets.

John Fitzgerald Kennedy said, "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." I am grateful for the students, faculty, staff and parents of Goshen Elementary. Thank you for blessing my life in numerous ways. November promises to be a great month.

